



Complete program list

Name	Package	Content	Tags
0000 Basic 5 commutations set	Basic Advanced Premium	Essential set of commutations that should be used once a day at the beginning of your CymaFusion application. These commutations are fundamental to preparing the body and acupuncture meridians for any further CymaFusion programs that you may want to use. Length: 11:42	General Conditions, Digestion, Respiratory, Muscoskeletal, Urinary, Nervous, Circulation, Mental, Reproductive, Skin, Endocrine
0001 Pain I	Basic Advanced Premium	Use for: - Recent pain - Pain that has a quick onset - Inflammatory pain - Pain that is causing anxiety Length: 16:22	General Conditions
0002 Pain II	Basic Advanced Premium	Use for: - Muscle injury pain and inflammation - Headache pain - Toothache pain - Pain combined with low mood Length: 16:22	General Conditions
0003 Pain III	Basic Advanced Premium	Use for: - Nerve pain - Pain caused by physical injury - Pain combined with stress tension - Pain associated with shock Length: 16:22	General Conditions
0004 Pain - Physical support	Basic Advanced Premium	Use for: - Inflammatory nerve pain - Muscular pain - Injury related pain Length: 16:22	General Conditions
0005 Pain - Mental support	Basic Advanced Premium	Use for: - Pain combined with anxiety - Pain combined with stress tension - Hypersensitive pain - Pain combined with low mood Length: 16:22	General Conditions

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0006 Pain - Energetic support	Basic Advanced Premium	Use for: - Pain associated with a lack of feeling centred or grounded - Pain associated with deep anxiety - Pain associated with shock - Pain associated with hypersensitivity or nervousness Length: 16:22	General Conditions
0007 Stress I	Basic Advanced Premium	Use for: - General energetic support - Grounding - Hormonal support Length: 16:22	Nervous
0008 Stress II	Basic Advanced Premium	Use for: - Parasympathetic and Vagus nerve support - Chakra energetic support - Hormone balance Length: 16:22	Nervous
0009 Stress III	Basic Advanced Premium	Use for: - Nervousness and anxiety relief - Physical tension caused by stress - Nervous system detox Length: 16:22	Nervous
0010 Stress Physical support	Basic Advanced Premium	Use for: - Endocrine system support - Nervous system strengthening - Nervous system toxin relief - Physical tension caused by stress Length: 16:22	Nervous
0011 Stress - Mental support	Basic Advanced Premium	Use for: - Relieving high anxiety and sensitivity associated with stress - Easing stress related tension - Mental calmness Length: 16:22	Nervous
0012 Stress - Energetic support	Basic Advanced Premium	Use for: - Balancing lower chakras - Colour, herbal and Bach flower therapy support - Holistic energetic support Length: 16:22	Nervous
0013 Sleep I	Basic Advanced Premium	Use for: - Sleep hormone balance - Relieving insomnia - Bach Flower remedy support Length: 16:22	Nervous

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0014 Sleep II	Basic Advanced Premium	Use for: - Chakra support - Calming the nervous system - Relieving sleep related tension Length: 16:22	Nervous
0015 Sleep III	Basic Advanced Premium	Use for: - Solar plexus energetic support - Nervous system relaxation - Vagus nerve support - Mental and physical tension relief Length: 16:22	Nervous
0016 Sleep - Physical support	Basic Advanced Premium	Use for: - Hormone imbalance affecting sleep - Insomnia relief - Overactive nervous system - Sleep affected by physical and stress related tension Length: 16:22	Nervous
0017 Sleep - Mental support	Basic Advanced Premium	Use for: - Sleep hormone support - Mental calmness - Vagus nerve support - Easing stress tension Length: 16:22	Nervous
0018 Sleep - Energetic support	Basic Advanced Premium	Use for: - Chakra balancing to encourage sleep - Bach flower and colour therapy support to aid sleep Length: 16:22	Nervous
0019 Digestive support I	Basic Advanced Premium	Use for: - Nervous system support to aid digestion - General colon issues - Bloating - Energy metabolism - Bach flower support to aid digestion Length: 16:22	Digestion
0020 Digestive support II	Basic Advanced Premium	Use for: - Digestion affected by mental and physical stress - Improved fat metabolism - Digestive issues affecting liver and small intestine - Bach flower support to aid digestion Length: 16:22	Digestion

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0021 Digestive support III	Basic Advanced Premium	Use for: - Improving structure and digestive function within the stomach - Digestion affected by stomach irritation and nausea - Digestion affected by stress tension - Chakra and colour therapy support for digestion Length: 16:22	Digestion
0022 Digestion - Physical support I	Basic Advanced Premium	Use for: - Colon issues and support - Digestive bloating - Blood sugar metabolism - Fat metabolism - Small intestine support - Stomach issues and support - Liver toxin relief Length: 16:22	Digestion
0023 Digestion - Physical support II	Basic Advanced Premium	Use for: - Stomach irritation and heartburn - Gallbladder support - Large Intestine support - Liver support - Digestive transit Length: 16:22	Digestion
0024 Digestion - Mental support	Basic Advanced Premium	Use for: - Nervous system support to aid digestion - Mental and stress tension relief to support digestion - Digestive issues associated with toxic metal accumulations Length: 16:22	Digestion
0025 Digestion - Energetic support	Basic Advanced Premium	Use for: - Bach Flower remedy support - Chakra balancing to aid digestion - Focused acupuncture meridian support for digestion Length: 16:22	Digestion
0026 Injury recovery I	Basic Advanced Premium	Use for: - Acute pain and sensitivity - Adhesion reduction - Arterial circulation support - Bach flower remedy support Length: 16:22	General Conditions

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0027 Injury recovery II	Basic Advanced Premium	Use for: - General pain relief and irritation - Injury related stress tension - Bruising - Local circulation support Length: 16:22	General Conditions
0028 Injury recovery III	Basic Advanced Premium	Use for: - Acute injury sensitivity - Focused acupuncture meridian support for injury - Any weakness or slow recovery time associated with injury - General circulation support Length: 16:22	General Conditions
0029 Injury recovery IV	Basic Advanced Premium	Use for: - Inflammation relief - Immune support - Joint injury support - Shock and fear associated with injury - Connective tissue support Length: 16:22	General Conditions
0030 Injury recovery - Physical support I	Basic Advanced Premium	Use for: - Adhesion reduction - Arterial and capillary circulation support - General pain relief - Bruising - Any weakness or slow recovery time associated with injury Length: 16:22	General Conditions
0031 Injury recovery - Physical support II	Basic Advanced Premium	Use for: - Inflammation relief - General circulation support - Immune support - Any weakness or slow recovery time associated with injury - Joint injury support Length: 16:22	General Conditions
0032 Injury recovery - Physical support III	Basic Advanced Premium	Use for: - Nerve pain caused by injury - Muscle weakness associated with injury - Significant tissue damage associated with injury - Scar tissue associated with injury Length: 16:22	General Conditions

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0033 Injury recovery - Mental support	Basic Advanced Premium	Use for: - General anxiety and sensitivity caused by injury - Stress relief associated with injury - Stress tension relief associated with injury - Shock and fear associated with injury Length: 16:22	General Conditions
0034 Injury recovery - Energetic support	Basic Advanced Premium	Use for: - Focused acupuncture meridian support for injury - Bach Flower remedy injury support - Colour therapy injury support Length: 16:22	General Conditions
0035 Health and Vitality I	Premium	Use for: - Inner calmness - Inner stability - Circulation support Length: 16:22	General Conditions
0036 Health and Vitality II	Premium	Use for: - Strength and energy - Mental vitality and emotional balance Length: 16:22	General Conditions
0037 Health and Vitality III	Premium	Use for: - Stress tension relief - Hormone balance - Mental clarity Length: 16:22	General Conditions
0038 Health and Vitality IV	Premium	Use for: - Immune support and toxin removal - General life energy support - Energy stability Length: 16:22	General Conditions
0039 Health and Vitality - Physical support	Premium	Use for: - Circulation support - Energy and strength - General toxin removal Length: 16:22	General Conditions
0040 Health and Vitality - Mental support	Premium	Use for: - Emotional balance to aid vitality - Stress tension relief - Low mood - Mental fatigue - Emotional emptiness Length: 16:22	General Conditions

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0041 Health and Vitality - Energetic support	Premium	Use for: - Chakra balance to aid physical health and vitality - Focused acupuncture meridian support for health and vitality. - Bach Flower remedy support for health and vitality. Length: 16:22	General Conditions
0042 Acupuncture meridian balance - General	Premium	Use for: - The balance and coordination of all 12 primary acupuncture meridians including the bladder, gallbladder, heart, kidney, large intestine, liver, lung, pericardium, small intestine, spleen, stomach and triple warmer. Length: 16:22	General Conditions
0043 Acupuncture meridian balance - Upper meridians	Premium	Use for: - The balance and coordination of acupuncture meridians located on the torso, neck, head and arms including the heart, large intestine, lung, pericardium, small intestine and all branches of the triple warmer. Length: 16:22	General Conditions
0044 Acupuncture meridian balance - Lower meridians	Premium	Use for: - The balance and coordination of acupuncture meridians located on the legs and feet, including the bladder, gallbladder, kidney, liver, spleen and stomach. Length: 16:22	General Conditions
0045 Acupuncture meridian balance - Yin meridians	Premium	Use for: - The balance and coordination of the primary yin meridians including the heart, kidney, liver, lung and spleen. Length: 16:22	General Conditions
0046 Acupuncture meridian balance - Yang meridians	Premium	Use for: - The balance and coordination of the primary yang meridians including the bladder, gallbladder, pericardium, large Intestine, small intestine, stomach and all branches of the triple warmer. Length: 16:22	General Conditions

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0047 Acupuncture meridian balance - Specialist support	Premium	Use for: - Specialist meridian support for circulation, metabolism, nervous system support, skin Cosmetic support and lymphatic support. Length: 16:22	General Conditions
0048 Chakra Balance	Basic Advanced Premium	Use for: - General balance of all 7 chakras including base chakra, sacral chakra, solar plexus chakra, heart chakra, throat chakra, brow (3rd eye) chakra and crown chakra. Length: 16:22	General Conditions
0049 Chakra balance - Specialist support	Basic Advanced Premium	Use for: - Balancing all chakras with additional support for mental balance - Nervous system and immune support. Length: 16:22	General Conditions
0050 Mental Vitality I	Premium	Use for: - Cellular energy to aid mental vitality - Hormone balance - Fatigue relief - Bach Flower support Length: 16:22	Mental
0051 Mental Vitality II	Premium	Use for: - Focused chakra balance for mental vitality - Mental alertness - Nerve support Length: 16:22	Mental
0052 Mental Vitality III	Premium	Use for: - General psychological support to aid mental vitality - Colour therapy - Focused brain and hormone support Length: 16:22	Mental
0053 Mental Vitality IV	Premium	Use for: - Physical energy to aid mental vitality - Focused acupuncture meridian balance - Toxic metal elimination Length: 16:22	Mental

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0054 Mental Vitality - Physical support	Premium	Use for: - Cellular energy to aid mental vitality - Focused brain and hormone support - Toxic metal elimination Length: 16:22	Mental
0055 Mental Vitality - Mental support	Premium	Use for: - Fatigue relief to aid mental vitality - Hormone balance - Nerve balance - Mental support for alertness and vitality Length: 16:22	Mental
0056 Mental Vitality - Energetic support	Premium	Use for: - Focused chakra balance support - Focused Bach flower and colour therapy support Length: 16:22	Mental
0057 Exercise	Basic Advanced Premium	Use for: - General mental and physical strength - Muscle conditioning - Circulation support Length: 16:22	Muscoskeletal
0058 Exercise - Warm-up	Basic Advanced Premium	Use for: - Mental stamina - Muscular strengthening - Whole body conditioning - Tension relief Length: 16:22	Muscoskeletal
0059 Exercise - Strength and Stamina	Basic Advanced Premium	Use for: - Circulation support - Muscle and bone strengthening and stamina - Mental strength Length: 16:22	Muscoskeletal
0060 Exercise - Recovery	Basic Advanced Premium	Use for: - Fatigue relief - Pain and inflammation relief - Joint recovery - Adhesion relief Length: 16:22	Muscoskeletal
0061 Exercise Conditioning - Pre-conditioning I	Advanced Premium	Use for: - Metabolic support - Mental strength - Ligament support - Muscular energy Length: 16:22	Muscoskeletal

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0062 Exercise Conditioning - Pre-conditioning II	Advanced Premium	Use for: - Muscular conditioning - General tension relief for the musculoskeletal system - Mental energy Length: 16:22	Muscoskeletal
0063 Exercise Conditioning - Pre-conditioning III	Advanced Premium	Use for: - Joint support and conditioning - Muscle and tendon support - Circulation - Mental focus Length: 16:22	Muscoskeletal
0064 Exercise Conditioning - Strength and Stamina I	Advanced Premium	Use for: - Circulation support - Cellular energy - Joint and connective tissue conditioning Length: 16:22	Muscoskeletal
0065 Exercise Conditioning - Strength and Stamina II	Advanced Premium	Use for: - Physical energy - Muscular conditioning and circulation - Ligament support Length: 16:22	Muscoskeletal
0066 Exercise Conditioning - Strength and Stamina III	Advanced Premium	Use for: - Mental Strength - Muscular tone and stamina - Tendon support - Bone strength Length: 16:22	Muscoskeletal
0067 Exercise Conditioning - Recovery I	Advanced Premium	Use for: - Adhesion relief - Post exercise pain - General strengthening and fatigue reduction - Muscular fatigue Length: 16:22	Muscoskeletal
0068 Exercise Conditioning - Recovery II	Advanced Premium	Use for: - Circulation support - General soft-tissue recovery - Muscle soreness and tension relief Length: 16:22	Muscoskeletal
0069 Exercise Conditioning - Recovery III	Advanced Premium	Use for: - General exercise fatigue - Inflammation relief - Injury relief Length: 16:22	Muscoskeletal

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0070 Circulation Support I	Basic Advanced Premium	Use for: - Arterial circulation support - Muscle circulation - Easing the effects of mental and energetic stress on the circulatory system Length: 16:22	Circulation
0071 Circulation support II	Basic Advanced Premium	Use for: - Hormonal support for circulation - Swelling relief - Easing the effects of tension on the circulatory system Length: 16:22	Circulation
0072 Circulation support III	Basic Advanced Premium	Use for: - Circulation blockages and impairment - Acupuncture meridians directly related to circulation - Supporting heart function Length: 16:22	Circulation
0073 Circulation support IV	Basic Advanced Premium	Use for: - Vein and capillary support - Circulation affected by toxicity - Kidney support - Lymphatic support - Circulation constriction Length: 16:22	Circulation
0074 Circulation - Physical Support I	Basic Advanced Premium	Use for: - General physical circulation - Arterial support - Muscle circulation - Hormonal support for circulation - Supporting heart function Length: 16:22	Circulation
0075 Circulation - Physical Support II	Basic Advanced Premium	Use for: - Lymphatic circulation - Capillary and vein circulation - Sluggish circulation Length: 16:22	Circulation
0076 Circulation - Mental Support	Basic Advanced Premium	Use for: - Stress related circulatory impairment - Poor circulation cause by tension - Hormonal support for circulation Length: 16:22	Circulation

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0077 Circulation - Energetic Support	Basic Advanced Premium	Use for: - Colour therapy for circulation - Focused chakra support for circulation - Focused acupuncture meridian support for circulation Length: 16:22	Circulation
0078 Joint support I	Premium	Use for: - General structural support for joints and bones - Joint issues affected by muscle weakness - General circulation support Length: 16:22	Muscoskeletal
0079 Joint support II	Premium	Use for: - Muscle tension affecting joints - Local circulation support - Acute joint pain - Bone weakness affecting joints Length: 16:22	Muscoskeletal
0080 Joint support III	Premium	Use for: - Joint restrictions - Joint instability - Joint inflammation Length: 16:22	Muscoskeletal
0081 Joint support IV	Premium	Use for: - Ligament issues affecting joints - Supporting acupuncture meridians directly related to joint health - Soft tissue support for joints Length: 16:22	Muscoskeletal
0084 Joint injury - Hip	Advanced Premium	Use for: - Pain caused by restriction - Joint inflammation - Structural recovery Length: 16:22	Muscoskeletal
0085 Joint injury - Knee	Advanced Premium	Use for: - General tissue damage - Cartilage recovery - Pain caused by restriction - Inflammation - Joint and soft tissue weakness Length: 16:22	Muscoskeletal
0086 Joint injury - Ankle	Advanced Premium	Use for: - Sprain injury - General tissue damage - Inflammation - Pain caused by restriction - Circulation support - Joint and soft tissue weakness Length: 16:22	Muscoskeletal

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0087 Joint injury - Shoulder	Advanced Premium	Use for: - Inflammation - Pain caused by restriction - Structural recovery - Joint and soft tissue weakness Length: 16:22	Muscoskeletal
0088 Joint injury - Wrist	Advanced Premium	Use for: - General tissue damage - Joint and soft tissue restriction - Sprain - Inflammation - Pain caused by restriction - Joint and soft tissue weakness Length: 16:22	Muscoskeletal
0089 Joint injury - Elbow	Advanced Premium	Use for: - Elbow joint tissue damage - Joint and soft tissue inflammation - Pain caused by restriction - Joint and soft tissue weakness Length: 16:22	Muscoskeletal
0090 Joint injury - Spine	Advanced Premium	Use for: - Bone and joint damage - Joint and soft tissue pain and restriction - Pain caused by restriction - Joint and soft tissue weakness Length: 16:22	Muscoskeletal
0091 Headache relief I	Basic Advanced Premium	Use for: - Pain relief - Headaches caused by congestion - Headaches affected by hormone imbalance Length: 16:22	General Conditions
0092 Headache relief II	Basic Advanced Premium	Use for: - Headaches postural imbalance - Headaches caused by hypersensitivity - Headaches affected by constriction Length: 16:22	General Conditions
0093 Headache relief III	Basic Advanced Premium	Use for: - Headaches affected by muscle tension - Headache pains caused by restrictions in the neck - Headaches affected by nerve sensitivity Length: 16:22	General Conditions

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0094 Headache relief IV	Basic Advanced Premium	Use for: - Acupuncture meridians directly related to headache relief - Headaches associated with inflammation Length: 16:22	General Conditions
0095 Headache relief V	Basic Advanced Premium	Use for: - Headaches associated with stress tension. - Migraine headache relief - Headaches affected by nerve pain - Headaches associated with muscle pain Length: 16:22	General Conditions
0096 Headache relief - Physical support I	Basic Advanced Premium	Use for: - Pain relief - Headaches caused by congestion - Headaches affected by hormone imbalances - Headaches caused by muscle tension Length: 16:22	General Conditions
0097 Headache relief - Physical support II	Basic Advanced Premium	Use for: - Headaches associated with inflammation - Migraine headache relief - Headache pains caused by restrictions in the neck Length: 16:22	General Conditions
0098 Headache relief - Mental Support	Basic Advanced Premium	Use for: - Headaches associated with stress tension - Headaches affected by hormone imbalances - Headaches associated with mental and emotional sensitivity Length: 16:22	General Conditions
0099 Headache relief - Energetic Support I	Basic Advanced Premium	Use for: - Supporting acupuncture meridians directly related to headaches associated with muscular tension, inflammation and nerve irritation - Direct energetic system support for headaches affected by stress Length: 16:22	General Conditions

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0100 Headache relief - Energetic Support II	Basic Advanced Premium	Use for: - Supporting acupuncture meridians directly related to headache fatigue and low-mood - Direct energetic system support for headaches affected by mental tension and inflammation Length: 16:22	General Conditions
0101 Male reproductive support I	Premium	Use for: - Reproductive hormone balance - Metabolism support - Circulatory restrictions - Bach Flower support Length: 16:22	Reproductive
0102 Male reproductive support II	Premium	Use for: - Reproductive issues associated with anxiety - Physical strength and energy support - Easing physical constrictions Length: 16:22	Reproductive
0103 Male reproductive support III	Premium	Use for: - General sexual function - Emotional balance - Chakra support for reproductive balance - Muscle circulation Length: 16:22	Reproductive
0104 Female reproductive support I	Premium	Use for: - Hormone balance and metabolic support - General circulation for reproductive organs - Bach Flower Remedy support for reproductive function Length: 16:22	Reproductive
0105 Female reproductive support II	Premium	Use for: - General structural and functional support for reproductive organs - Congestion and constriction affecting reproductive organs - Blood supply for muscles Length: 16:22	Reproductive
0106 Female reproductive support III	Premium	Use for: - Uterine support - Emotional balance - Chakra support for reproductive balance - Reproductive hormone support Length: 16:22	Reproductive

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0107 Female reproductive support IV	Premium	Use for: - General sexual function - Stress relief - Fibroids - General Circulation and hormone balance - Menstrual support Length: 16:22	Reproductive
0108 Female reproductive support V	Premium	Use for: - Stress Tension - Low mood - Bach Flower support for emotional balance - Reproductive function affected by muscle weakness Length: 16:22	Reproductive
0109 Male reproductive - Physical Support I	Premium	Use for: - General metabolic support - Physical constrictions - Arterial circulation - General endocrine support Length: 16:22	Reproductive
0110 Male reproductive - Physical Support II	Premium	Use for: - General circulation - Prostate structure and function - Muscle weakness - Nerve sensitivity Length: 16:22	Reproductive
0111 Male reproductive - Physical Support III	Premium	Use for: - Hormone balance - Local circulation for reproductive organs - Nerve balance - Structural support for penis - Reproduction affected by toxicity Length: 16:22	Reproductive
0112 Female reproductive - Physical Support I	Premium	Use for: - General energy and strength - Arterial circulation - Congestion relief Length: 16:22	Reproductive
0113 Female reproductive - Physical Support III	Premium	Use for: - Fibroids - Endometrial support - Structure and function of fallopian tubes - Blood supply to muscles Length: 16:22	Reproductive

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0114 Female reproductive - Physical Support II	Premium	Use for: - Hormone balance - Menstrual support - General circulation - Nerve sensitivity - Muscle weakness Length: 16:22	Reproductive
0115 Female reproductive - Physical Support IV	Premium	Use for: - Local circulation for reproductive organs - Ovary structure and function - Uterus structure and function - Vagina structure and function - General nerve support Length: 16:22	Reproductive
0116 Male reproductive - Mental Support	Premium	Use for: - Low mood - Hormonal support - Lack of sensitivity - Emotional balance Length: 16:22	Reproductive
0117 Female reproductive - Mental Support	Premium	Use for: - Mood regulation - Hormonal support - Emotional balance - Over sensitivity Length: 16:22	Reproductive
0118 Male reproductive - Energetic Support I	Premium	Use for: - Bach Flower remedy support for reproductive function - Direct chakra support for reproductive function and emotional balance Length: 16:22	Reproductive
0119 Female reproductive - Energetic Support I	Premium	Use for: - Bach Flower remedy support for emotional balance - Direct acupuncture meridian support for reproductive function - Colour therapy to improve energy Length: 16:22	Reproductive
0120 Male reproductive - Energetic Support II	Premium	Use for: - Bach Flower remedy support for reproductive function - Direct chakra support for reproductive function and emotional balance Length: 16:22	Reproductive

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0121 Female reproductive - Energetic Support II	Premium	Use for: - Bach Flower remedy support for emotional balance - Direct acupuncture meridian support for reproductive function - Colour therapy to improve energy Length: 16:22	Reproductive
0122 Hormone Balance I	Advanced Premium	Use for: - General hormone imbalances - Pineal gland structure and function - Emotional oversensitivity caused by hormone imbalance - Hormone gland blockages Length: 16:22	Endocrine
0123 Hormone Balance II	Advanced Premium	Use for: - Pituitary gland structure and function - Thyroid gland structure and function - Direct acupuncture meridian support for hormone imbalances Length: 16:22	Endocrine
0124 Hormone Balance III	Advanced Premium	Use for: - Adrenal gland structure and function - Thymus gland structure and function - Hormone imbalances caused by stress Length: 16:22	Endocrine
0125 Hormone Balance IV	Advanced Premium	Use for: - Hormone balance affected by toxicity - Pancreas structure and function - Stress tension and fatigue caused by hormone imbalance Length: 16:22	Endocrine
0126 Hormone Balance - Physical support I	Advanced Premium	Use for: - Pineal gland structure and function - Pituitary gland structure and function - Thyroid gland structure and function - Hormone gland blockages Length: 16:22	Endocrine

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0128 Hormone Balance - Mental support	Advanced Premium	Use for: - Nervous system support for hormone balance - Hormone balance affected by stress and anxiety - Emotional oversensitivity caused by hormone imbalance - Hormone imbalance affected by toxicity Length: 16:22	Endocrine
0129 Hormone Balance - Energetic support	Advanced Premium	Use for: - Direct acupuncture meridian support - Direct chakra support for hormone balance - Hormone balance affected energetic over sensitivity Length: 16:22	Endocrine
0130 Easy Breathe I	Advanced Premium	Use for: - Breathing affected by stress and anxiety - Breathing affected by asthma - Arterial support for the lungs Length: 16:22	Respiratory
0131 Easy Breathe II	Advanced Premium	Use for: - Energy and strength - Muscular support for breathing - Breathing affected by stress tension and oversensitivity - Blockages that affect breathing Length: 16:22	Respiratory
0132 Easy Breathe III	Advanced Premium	Use for: - Vitality support for breathing - Bronchial support - Local circulation to lungs - Breathing affected by anxiety - Breathing affected by toxicity Length: 16:22	Respiratory
0133 Easy Breathe IV	Advanced Premium	Use for: - Breathing affected by congestion - Lung structure and function - Breathing affected by muscle weakness Length: 16:22	Respiratory

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0134 Easy Breathe V	Advanced Premium	Use for: - Breathing affected by mental tension - General circulation support for breathing - Oxygen support - Breathing constrictions Length: 16:22	Respiratory
0135 Easy Breathe - Physical support I	Advanced Premium	Use for: - Metabolic support for breathing - Breathing affected by asthma - Energy and strength to support breathing - Blockages affecting breathing - Muscle support Length: 16:22	Respiratory
0136 Easy Breathe - Physical support II	Advanced Premium	Use for: - Lung structure and function - Coughing relief - Breathing affected by muscle weakness - Local circulation for the lungs - Bronchial structure and function - Breathing affected by toxicity Length: 16:22	Respiratory
0137 Easy Breathe - Physical support III	Advanced Premium	Use for: - General circulation to support breathing - Constrictions affecting breathing - Oxygen support - Nervous system support for breathing Length: 16:22	Respiratory
0138 Easy Breathe - Mental support	Advanced Premium	Use for: - Mental calmness to support breathing - Breathing affected by stress tension - Vitality improvements for breathing Length: 16:22	Respiratory
0139 Easy Breathe - Energetic support	Advanced Premium	Use for: - Direct acupuncture meridian support for breathing - Direct chakra support for breathing - Breathing affected by energetic sensitivity Length: 16:22	Respiratory

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0140 Meditation Focus I	Premium	Use for: - Mental alertness - Headache and tension relief - Pineal gland support - Energetic grounding Length: 16:22	Mental
0141 Meditation Focus II	Premium	Use for: - Lower chakra support for grounding and mental calmness - Mental strength and vitality - Adrenal support - Muscular relaxation Length: 16:22	Mental
0142 Meditation Focus III	Premium	Use for: - Emotional balance - Stress tension relief - Nervous system calmness Length: 16:22	Mental
0143 Meditation Focus IV	Premium	Use for: - Upper chakra support for mental focus - Pineal 3rd eye support - Muscle stiffness Length: 16:22	Mental
0144 Meditation Focus - Physical support	Premium	Use for: - Headache and tension relief - Pineal gland support - Adrenal support - Muscle relaxation - Nervous system relaxation Length: 16:22	Mental
0145 Meditation Focus - Mental support	Premium	Use for: - Mental alertness and vitality - Mental strength - Stress tension relief Length: 16:22	Mental
0146 Meditation Focus - Energetic support I	Premium	Use for: - Direct acupuncture meridian support for emotional balance - Lower chakra support for grounding and mental calmness - Bach flower support for emotional balance Length: 16:22	Mental
0147 Meditation Focus - Energetic support II	Premium	Use for: - Upper chakra support for mental focus - Pineal 3rd eye support - Acupuncture meridian support for mental calmness Length: 16:22	Mental

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0148 Anxiety relief I	Advanced Premium	Use for: - Anxiety associated with hormone imbalance - Nerve balance - Anxiety associated with feelings of oversensitivity - Bach Flower support for emotional causes of anxiety Length: 16:22	Nervous
0149 Anxiety relief II	Advanced Premium	Use for: - Direct chakra support for anxiety - Mental calmness - Anxiety associated with feelings of emptiness - Overstimulation Length: 16:22	Nervous
0150 Anxiety relief III	Advanced Premium	Use for: - Anxiety associated with stress tension - Bach flower support - Muscle tension - Colour therapy associated with anxiety relief Length: 16:22	Nervous
0151 Anxiety relief IV	Advanced Premium	Use for: - Direct acupuncture meridian support for mental effects of anxiety - Deep physical relaxation - Anxiety associated with mental shock - Anxiety associated with oversensitivity Length: 16:22	Nervous
0152 Anxiety relief V	Advanced Premium	Use for: - Direct acupuncture meridian support for physical effects of anxiety - Anxiety associated with mental tension - Anxiety associated with a lack of vitality - Anxiety associated with physical shock Length: 16:22	Nervous
0153 Anxiety relief - Physical support	Advanced Premium	Use for: - Anxiety associated with hormone imbalance - Nerve balance - Anxiety associated with physical shock - General physical relaxation - Muscle relaxation Length: 16:22	Nervous

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0154 Anxiety relief - Mental support	Advanced Premium	Use for: - Mental calmness - Anxiety associated with mental shock - Stress tension - Anxiety associated with lack of vitality - Anxiety associated with oversensitivity Length: 16:22	Nervous
0155 Anxiety relief - Energetic support I	Advanced Premium	Use for: - Direct chakra support for anxiety - Bach flower support for anxiety Length: 16:22	Nervous
0156 Anxiety relief - Energetic support II	Advanced Premium	Use for: - Direct acupuncture meridian support for mental effects of anxiety - Anxiety associated with energetic tension and oversensitivity - Colour therapy support for anxiety relief Length: 16:22	Nervous
0157 Anxiety relief - Energetic support III	Advanced Premium	Use for: - Direct acupuncture meridian support for the physical effects of anxiety - Anxiety associated with a lack of vitality Length: 16:22	Nervous
0158 Constipation Support I	Basic Advanced Premium	Use for: - Strength and energy to relieve constipation - Circulation support - Constipation associated with mental stress Length: 16:22	Digestion
0159 Constipation Support II	Basic Advanced Premium	Use for: - Colon structure and function - Constipation associated with stress tension - Direct chakra support for constipation relief Length: 16:22	Digestion
0160 Constipation Support III	Basic Advanced Premium	Use for: - Constipation associated with a lack of vitality. - Direct acupuncture meridian support for digestion - Bloating - General stress relief Length: 16:22	Digestion

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0161 Constipation - Physical support I	Basic Advanced Premium	Use for: - Strength and energy to relieve constipation - General circulation - Colon structure and function - Intestinal congestion and restrictions Length: 16:22	Digestion
0162 Constipation - Physical support II	Basic Advanced Premium	Use for: - General constipation relief - Bloating relief - Intestinal nerve regulation Length: 16:22	Digestion
0163 Constipation - Physical support III	Basic Advanced Premium	Use for: - Intestinal muscle structure and function - Mucous membrane function - General nerve support - Digestive stimulation - Intestinal muscle regulation Length: 16:22	Digestion
0164 Constipation - Mental support	Basic Advanced Premium	Use for: - Mental calmness and relaxation - Constipation associated with stress tension - Constipation associated with a lack of vitality Length: 16:22	Digestion
0165 Constipation - Energetic support I	Basic Advanced Premium	Use for: - Direct chakra support for constipation - Direct acupuncture meridian support for digestive and liver function - General energetic stimulation for constipation relief Length: 16:22	Digestion
0166 Constipation - Energetic support II	Basic Advanced Premium	Use for: - Bach flower support for digestive stimulation - Direct acupuncture meridian support for digestion and constipation relief Length: 16:22	Digestion
0167 Indigestion relief I	Basic Advanced Premium	Use for: - Direct indigestion relief - Metabolic stimulation for indigestion - Indigestion associated with mental oversensitivity - Bach flower support for digestion Length: 16:22	Digestion

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0168 Indigestion relief II	Basic Advanced Premium	Use for: - Strength and energy to improve digestion - Vagus nerve stimulation to improve digestion - Bile production Length: 16:22	Digestion
0169 Indigestion relief III	Basic Advanced Premium	Use for: - Direct acupuncture meridian support to ease indigestion - Diaphragm relaxation - Congestion and bloating associated with indigestion - Mental relaxation Length: 16:22	Digestion
0170 Indigestion relief IV	Basic Advanced Premium	Use for: - Indigestion affected by stress tension - Heartburn - Indigestion associated with hormone imbalances - Gallbladder structure and function Length: 16:22	Digestion
0171 Indigestion relief V	Basic Advanced Premium	Use for: - Stomach structure and function - Indigestion associated with toxicity - Muscle and nerve support for digestive transit Length: 16:22	Digestion
0172 Indigestion - Physical support	Basic Advanced Premium	Use for: - Direct indigestion relief - Strength and energy to improve digestion - General metabolic support for digestion - Bile production - Congestion relief Length: 16:22	Digestion
0173 Indigestion - Physical support II	Basic Advanced Premium	Use for: - Heartburn and bloating - General digestive support - Gallbladder structure and support - Indigestion associated by hormone imbalances Length: 16:22	Digestion

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0174 Indigestion - Physical support III	Basic Advanced Premium	Use for: - Stomach structure and function - Muscle and nerve support for digestive transit - Indigestion associated with muscle tension Length: 16:22	Digestion
0175 Indigestion - Mental support	Basic Advanced Premium	Use for: - Mental Calmness - Indigestion associated with nervousness - Stress tension - Indigestion affected by emotional oversensitivity Length: 16:22	Digestion
0176 Indigestion - Energetic support	Basic Advanced Premium	Use for: - Direct acupuncture meridian support for indigestion - Indigestion affected by energetic stress - Bach flower support for indigestion Length: 16:22	Digestion
0177 Muscle injury I	Advanced Premium	Use for: - General muscle injury support - High sensitivity to pain - Stress and sleep-loss relief Length: 16:22	Muscoskeletal
0178 Muscle injury II	Advanced Premium	Use for: - Bruising - Acute pain relief - Tissue adhesions - Circulation support for muscles - Acupuncture meridian support for muscle tension Length: 16:22	Muscoskeletal
0179 Muscle injury III	Advanced Premium	Use for: - Strength and energy for muscle recovery - Local circulation - Direct acupuncture meridian support for nerve pain - Pain associated with injury restriction Length: 16:22	Muscoskeletal
0180 Muscle injury IV	Advanced Premium	Use for: - Cramp caused by muscle injury - Inflammation relief - Local swelling - Stress tension Length: 16:22	Muscoskeletal

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0181 Muscle injury V	Advanced Premium	Use for: - General muscle structure and function - Muscle strengthening - Muscle fibre support - Muscle pain - Mental distress associated with muscle injury Length: 16:22	Muscoskeletal
0182 Muscle injury VI	Advanced Premium	Use for: - Muscle strain - Nerve pain and irritation - Muscle stiffness - Tissue damage Length: 16:22	Muscoskeletal
0183 Muscle injury - Physical support I	Advanced Premium	Use for: - General muscle injury support - Acute muscle pain - Muscle blood supply - Tissue adhesions Length: 16:22	Muscoskeletal
0184 Muscle injury - Physical support II	Advanced Premium	Use for: - Strength and energy for muscle recovery - Local circulation - Pain associated with injury restriction - Cramp associated with muscle injury - Bruising relief - Connective tissue support Length: 16:22	Muscoskeletal
0185 Muscle injury - Physical support III	Advanced Premium	Use for: - General muscle structure and function - Muscle strengthening - Local swelling - Inflammation relief Length: 16:22	Muscoskeletal
0186 Muscle injury - Physical support IV	Advanced Premium	Use for: - Muscle strain - General muscle pain and nerve irritation - Muscle Stiffness - Muscle fibre support - Tissue damage Length: 16:22	Muscoskeletal
0187 Muscle injury - Mental support	Advanced Premium	Use for: - Stress tension and sleep loss caused by muscle injury - High sensitivity to pain - Mental calmness Length: 16:22	Muscoskeletal

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0188 Muscle injury - Energetic support	Advanced Premium	Use for: - Direct acupuncture meridian support for muscle injury - Shock associated with muscle injury - Energetic stress associated with muscle injury Length: 16:22	Muscoskeletal
0189 Back pain I	Basic Advanced Premium	Use for: - Acute pain - Tissue adhesions - Local circulation - Nerve sensitivity Length: 16:22	Muscoskeletal
0190 Back pain II	Basic Advanced Premium	Use for: - Strength and energy support - Back pain associated with stress tension - General circulation - Direct chakra support for the lower back Length: 16:22	Muscoskeletal
0191 Back pain III	Basic Advanced Premium	Use for: - Inflammation support - Back pain associated with fatigue - Pain caused by restriction Length: 16:22	Muscoskeletal
0192 Back pain IV	Basic Advanced Premium	Use for: - General back pain support - Back pain associated with nerve impingement - Muscle tension and injury Length: 16:22	Muscoskeletal
0193 Back pain V	Basic Advanced Premium	Use for: - Nerve pain - Muscle weakness - Back pain associated with a lack of vitality - Soft tissue damage Length: 16:22	Muscoskeletal
0194 Back pain VI	Basic Advanced Premium	Use for: - Spinal disc structure and function - Ligament structure and function - Tendon Structure and function - Vertebral support Length: 16:22	Muscoskeletal
0195 Back pain - Physical support I	Basic Advanced Premium	Use for: - Strength and energy support - Local and general circulation - Soft tissue adhesions - Acute pain Length: 16:22	Muscoskeletal

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0196 Back pain - Physical support II	Basic Advanced Premium	Use for: - Inflammation relief - Fatigue - Pain associated with injury and restriction - Nerve impingement Length: 16:22	Muscoskeletal
0197 Back pain - Physical support III	Basic Advanced Premium	Use for: - General back pain relief - Muscle injury - Muscle strength and function - Nerve pain - Physical tension relief Length: 16:22	Muscoskeletal
0198 Back pain - Physical support IV	Basic Advanced Premium	Use for: - Spinal disc structure and function - Spinal ligament structure and function - Tendon structure and function - Tissue damage Length: 16:22	Muscoskeletal
0199 Back pain - mental support	Basic Advanced Premium	Use for: - Stress tension - Back pain associated with a lack of vitality - Back pain associated with emotional distress Length: 16:22	Muscoskeletal
0200 Back pain - Energetic support	Basic Advanced Premium	Use for: - Lower chakra support for back pain - Direct acupuncture meridian support for back pain - Colour therapy support for back pain Length: 16:22	Muscoskeletal
0201 Joint Pain I	Basic Advanced Premium	Use for: - General pain and sensitivity - Joint pain affected by tissue adhesions - Joint pain associated with tendon weakness or injury Length: 16:22	Muscoskeletal
0202 Joint Pain II	Basic Advanced Premium	Use for: - Joint structure and function - Acute pain and irritation - Bursitis - Joint pain associated with arthritis Length: 16:22	Muscoskeletal

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0203 Joint Pain III	Basic Advanced Premium	Use for: - Direct acupuncture meridian support for joint pain - Cartilage damage - Joint pain associated with calcification - Local circulation support Length: 16:22	Muscoskeletal
0204 Joint Pain IV	Basic Advanced Premium	Use for: - Joint strength and energy support - General circulation - Joint connective tissue structure and function Length: 16:22	Muscoskeletal
0205 Joint Pain V	Basic Advanced Premium	Use for: - Inflammation relief - Pain associated with restriction - Joint synovial membrane structure and support - Joint pain associated with rheumatic conditions Length: 16:22	Muscoskeletal
0206 Joint Pain - Physical support I	Basic Advanced Premium	Use for: - Joint pain associated with soft tissue adhesions - Pain associated with joint stiffness or fusion - Rheumatic joint pain - Joint pain associated with arthritis Length: 16:22	Muscoskeletal
0207 Joint Pain - Physical support II	Basic Advanced Premium	Use for: - Acute joint pain - Joint pain associated with calcification - General and local circulation - Bursitis Length: 16:22	Muscoskeletal
0208 Joint Pain - Physical support III	Basic Advanced Premium	Use for: - Inflammation - Joint strength and energy support - Joint pain associated with restriction - Joint connective tissue structure and function Length: 16:22	Muscoskeletal

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0209 Joint Pain - Physical support IV	Basic Advanced Premium	Use for: - Joint structure and functional support - Joint pain associated with muscle weakness - Joint ligament structure and function - Joint swelling Length: 16:22	Muscoskeletal
0210 Joint Pain - Physical support V	Basic Advanced Premium	Use for: - Joint pain associated with rheumatic conditions - Nerve pain - Joint synovial membrane and bursae support - Sprain injury - Joint tendon structure and function Length: 16:22	Muscoskeletal
0211 Joint Pain - Mental support	Basic Advanced Premium	Use for: - Joint pain associated with stress tension - Joint pain affected by a lack of vitality - Joint pain associated with mental oversensitivity Length: 16:22	Muscoskeletal
0212 Joint Pain - Energetic support	Basic Advanced Premium	Use for: - Direct acupuncture meridian support for joint pain - Joint pain associated with energetic sensitivity - Colour therapy support for joint pain Length: 16:22	Muscoskeletal
0213 Urinary system support I	Advanced Premium	Use for: - Bladder structural and functional support - Urinary function affected by blockages - General and local circulatory support - Urinary function affected by oversensitivity Length: 16:22	Urinary
0214 Urinary system support II	Advanced Premium	Use for: - General strength and energy support for the urinary system - Kidney structure and function - Urinary system function affected by toxicity - Direct chakra support for urinary function Length: 16:22	Urinary

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0215 Urinary system support III	Advanced Premium	Use for: - Bladder infection - Urinary function affected by stress tension and hormone imbalance - Toxic metals affecting urinary function Length: 16:22	Urinary
0216 Urinary system support IV	Advanced Premium	Use for: - Urinary function affected by muscular weakness - Urinary function affected by a lack of vitality - Colour therapy stimulation to support urinary function Length: 16:22	Urinary
0217 Urinary system support V	Advanced Premium	Use for: - Direct acupuncture support for urinary function - Nerve support for urinary function - General nervous system regulation of urinary function Length: 16:22	Urinary
0218 Urinary system - Physical support I	Advanced Premium	Use for: - Bladder structure and function - General and local circulation support - General strengthening and energy - Urinary system blockages - Toxicity affecting the urinary system Length: 16:22	Urinary
0219 Urinary system - Physical support II	Advanced Premium	Use for: - Bladder infection support - Urinary function affected by hormone imbalances - Kidney structure and function Length: 16:22	Urinary
0220 Urinary system - Physical support III	Advanced Premium	Use for: - Muscle function and strengthening - Nerve support - Toxic metals affecting urinary function Length: 16:22	Urinary
0221 Urinary system - Mental support	Advanced Premium	Use for: - Urinary function affected by stress tension - Urinary function affected by emotional oversensitivity - Urinary function affected by a lack of vitality Length: 16:22	Urinary

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0222 Urinary system - Energetic support	Advanced Premium	Use for: - Direct acupuncture meridian support for urinary function - Direct chakra support for urinary function - General energetic stimulation for urinary function Length: 16:22	Urinary
0223 Nervous system support I	Premium	Use for: - Strengthening nervous system structure and function - Improving nervous system response and conductivity - Direct Bach Flower support Length: 16:22	Nervous
0224 Nervous system support II	Premium	Use for: - General circulation support - Endocrine support for nervous system regulation - Nervous system fatigue - General energetic stresses affecting the nervous system Length: 16:22	Nervous
0225 Nervous system support III	Premium	Use for: - Direct chakra support for brain function - Right and left-brain coordination - Hypothalamus function Length: 16:22	Nervous
0226 Nervous system support IV	Premium	Use for: - Nervous system vitality - Nerve irritation - Deep brain structure and function Length: 16:22	Nervous
0227 Nervous system support V	Premium	Use for: - Nerve structure and function - Stress tension affecting nervous system - Colour therapy support for the nervous system Length: 16:22	Nervous
0228 Nervous system support VI	Premium	Use for: - Direct acupuncture meridian support for the nervous system - Neurotransmitter support - Spinal nerve structure and function Length: 16:22	Nervous

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0229 Nervous system - Physical support I	Premium	Use for: - Strengthening nervous system structure and function - General circulation support - Hormone balance for the nervous system - Nervous system fatigue Length: 16:22	Nervous
0230 Nervous system - Physical support II	Premium	Use for: - Right and left-brain coordination - Deep brain structure and function - Hypothalamus regulation Length: 16:22	Nervous
0231 Nervous system - Physical support III	Premium	Use for: - Nerve structure and function - Nerve conductivity - Spinal nerve structure and function - Nerve irritation Length: 16:22	Nervous
0232 Nervous system -Mental support	Premium	Use for: - Nervous system function affected by low mood - Neurotransmitter support - Stress tension affecting the nervous system Length: 16:22	Nervous
0233 Nervous system - Energetic support I	Premium	Use for: - Direct chakra support for the nervous system - Bach Flower support for the nervous system - Energetic vitality Length: 16:22	Nervous
0234 Nervous system - Energetic support II	Premium	Use for: - Direct acupuncture meridian support for brain function - Direct acupuncture support for nerve function - Colour therapy support for the nervous system Length: 16:22	Nervous
0235 Skin Health I	Basic Advanced Premium	Use for: - Skin structure and function - Dry skin - Metabolic support for the skin - Energetic sensitivity - Acne support Length: 16:22	Skin

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0236 Skin Health II	Basic Advanced Premium	Use for: - Energy and strength for the skin - Toxicity effecting the skin - Stress tension affecting the skin Length: 16:22	Skin
0237 Skin Health III	Basic Advanced Premium	Use for: - Skin vitality - Local and general circulation for the skin - Connective tissue support - Skin oxygenation Length: 16:22	Skin
0238 Skin Health IV	Basic Advanced Premium	Use for: - Nerve and muscle support for the skin - Endocrine and hormone support for the skin - Psoriasis Length: 16:22	Skin
0239 Skin Health V	Basic Advanced Premium	Use for: - Skin inflammation - Radiation and toxic metal exposure - General detox - Skin disease recovery Length: 16:22	Skin
0240 Skin Health I - Physical support	Basic Advanced Premium	Use for: - Metabolic support for the skin - Skin structure and function - Dry skin - Acne support - Connective tissue support - Toxicity affecting the skin Length: 16:22	Skin
0241 Skin Health II - Physical support	Basic Advanced Premium	Use for: - General and local circulation for skin - Endocrine and hormone balance for skin - Skin oxygenation - Psoriasis support Length: 16:22	Skin
0242 Skin Health III - Physical support	Basic Advanced Premium	Use for: - Skin Inflammation - General detox - Muscle support for the skin - Skin disease recovery - Toxic metal exposure Length: 16:22	Skin

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0243 Skin Health - Mental Support	Basic Advanced Premium	Use for: - Stress tension affecting the skin - Vitality support - Mental and emotional oversensitivity affecting the skin Length: 16:22	Skin
0244 Skin Health - Energetic Support	Basic Advanced Premium	Use for: - Direct acupuncture meridian support for the skin - Radiation exposure - Colour therapy support for the skin Length: 16:22	Skin
0245 Cosmetic Skin Support I	Advanced Premium	Use for: - Skin strengthening and recovery - General and local circulation - Energetic stimulation - Blocked glands Length: 16:22	Skin
0246 Cosmetic Skin Support II	Advanced Premium	Use for: - Skin affected by toxicity - Oxygenation - Radiation damage - Allergy reactions - Acne Length: 16:22	Skin
0247 Cosmetic Skin Support III	Advanced Premium	Use for: - Skin structure and function - Dry skin - Direct acupuncture meridian support for the skin - Eye lid support - Muscle tone and strengthening - Connective tissue support - Nail structure and function Length: 16:22	Skin
0248 Cosmetic Skin Support IV	Advanced Premium	Use for: - Metabolic support - Inflammation - Skin sensitivity Length: 16:22	Skin
0249 Cosmetic Skin Support V	Advanced Premium	Use for: - Hormone imbalance and endocrine support - Lymphatic support - Stress and anxiety affecting the skin - General skin protection Length: 16:22	Skin

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0250 Acne Support I	Advanced Premium	Use for: - General acne recovery - Skin strengthening and recovery - Excessive greasiness - Skin structure and functional support Length: 16:22	Skin
0252 Acne Support II	Advanced Premium	Use for: - Inflammation - Hormone imbalance and endocrine support - Skin irritation Length: 16:22	Skin
0253 Acne Support III	Advanced Premium	Use for: - Blocked pores - Lymphatic support - Oxygenation - Local circulation - Scar tissue Length: 16:22	Skin
0254 Cramp relief I	Basic Advanced Premium	Use for: - General cramp relief - Circulation support - Muscular relaxation and structural support Length: 16:22	General Conditions
0255 Cramp relief II	Basic Advanced Premium	Use for: - Acute pain relief - Inflammation - Pain caused by restriction - Oversensitivity Length: 16:22	General Conditions
0256 Cramp relief III	Basic Advanced Premium	Use for: - Nerve irritation - General detoxification - Nerve conductivity - Hormone support Length: 16:22	General Conditions
0257 Cramp relief IV	Basic Advanced Premium	Use for: - Cellular energy and recovery - Adhesions associated with cramp - Direct acupuncture meridian support for cramp - Stress tension Length: 16:22	General Conditions
0258 Nausea relief I	Basic Advanced Premium	Use for: - Excessive stomach acid and heartburn - Gastric irritation - Inflammation associated with nausea Length: 16:22	General Conditions

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0259 Nausea relief II	Basic Advanced Premium	Use for: - Direct acupuncture meridian support for nausea relief - Nausea associated with energetic sensitivity - Stress tension associated with nausea Length: 16:22	General Conditions
0260 Nausea relief III	Basic Advanced Premium	Use for: - Structure and functional support of the stomach - General detoxification for nausea relief - Abdominal tension relief Length: 16:22	General Conditions
0261 Dry cough I	Advanced Premium	Use for: - General cough relief - Inflammation and irritation associated with dry cough - Sore throat associated with dry cough Length: 16:22	Respiratory
0262 Dry cough II	Advanced Premium	Use for: - Immune support for dry cough - Tissue strengthening and recovery for cough relief - Dry cough associated with tonsil irritation - Throat sensitivity Length: 16:22	Respiratory
0263 Dry cough III	Advanced Premium	Use for: - Soothing nerve irritation associated with dry cough - Direct chakra and acupuncture meridian support for dry cough relief - Relieving tension associated with dry cough Length: 16:22	Respiratory
0264 Mucous cough I	Advanced Premium	Use for: - General cough relief - Catarrh relief - Mucous cough associated with allergy - Congestion relief Length: 16:22	Respiratory
0265 Mucous cough II	Advanced Premium	Use for: - Lung and bronchial support - Airway strengthening and recovery - Sinus relief Length: 16:22	Respiratory

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0266 Mucous cough III	Advanced Premium	Use for: - Detoxification support - Immune support - Sore throat - Chakra support Length: 16:22	Respiratory
0267 Mucous cough IV	Advanced Premium	Use for: - Direct acupuncture meridian support for mucous cough - Tension relief Length: 16:22	Respiratory
0268 Common Cold Relief I	Basic Advanced Premium	Use for: - General cold support - Sore throat relief - Inflammation and irritation Length: 16:22	General Conditions
0269 Common Cold Relief II	Basic Advanced Premium	Use for: - Immune system support - Sinus relief - Congestive headache - Stress tension Length: 16:22	General Conditions
0270 Common Cold Relief III	Basic Advanced Premium	Use for: - Airway clearance - Bronchial congestion and irritation - Direct chakra and acupuncture meridian support Length: 16:22	General Conditions
0271 Sinus Relief I	Advanced Premium	Use for: - Sinus restriction and irritation - Congestive headache - Eye and nasal support Length: 16:22	Respiratory
0272 Sinus Relief II	Advanced Premium	Use for: - Inflammation relief - Circulation support - Sensitivity associated with sinus pain Length: 16:22	Respiratory
0273 Sinus Relief III	Advanced Premium	Use for: - Direct acupuncture meridian support for sinus relief - Sinus pain - Sinus tension relief Length: 16:22	Respiratory
0274 Ear Ache I	Premium	Use for: - Nerve irritation - Ear pain and sensitivity - Inflammation Length: 16:22	General Conditions

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0275 Ear Ache II	Premium	Use for: - Ear blockage and restriction - Toxicity affecting the ear - Ear and head tension Length: 16:22	General Conditions
0276 Ear Ache III	Premium	Use for: - Direct acupuncture meridian support for ear ache - Structural and functional support for the ear - Chakra support for ear ache - Sinus tension associated with ear ache Length: 16:22	General Conditions
0277 Cold Sore Relief I	Premium	Use for: - Sensitivity associated with cold sores - Direct acupuncture meridian support for cold sore recovery - Stress and tension associated with cold sores Length: 16:22	General Conditions
0278 Cold Sore Relief II	Premium	Use for: - Inflammation relief - Skin irritation and recovery - Immune support Length: 16:22	General Conditions
0279 Diarrhea Relief I	Advanced Premium	Use for: - Inflammation and irritation associated with diarrhoea - Bloating and discomfort - Metabolic balance Length: 16:22	Digestion
0280 Diarrhea Relief II	Advanced Premium	Use for: - Direct acupuncture meridian support for diarrhoea - Intestinal calming - Chakra support for diarrhoea Length: 16:22	Digestion
0281 Diarrhea Relief III	Advanced Premium	Use for: - Detoxification - Intestinal pain - Structure and functional support of the colon - Stress tension associated with diarrhoea Length: 16:22	Digestion
0282 Appetite Support I	Advanced Premium	Use for: - Direct acupuncture meridian support for appetite regulation - Chakra support for appetite regulation - Colour therapy support for appetite stimulation Length: 16:22	General Conditions

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0283 Appetite Support II	Advanced Premium	Use for: - Hormone balance for appetite control - indigestion relief - Appetite stimulation Length: 16:22	General Conditions
0284 Appetite Support III	Advanced Premium	Use for: - Poor appetite associated with a lack of vitality and fatigue - Vagus nerve stimulation - Appetite affected by stress tension Length: 16:22	General Conditions
0285 Appetite Support IV	Advanced Premium	Use for: - Stomach structural support and function - Abdominal tension relief - Liver support to improve appetite - Cellular strengthening and energy to support appetite Length: 16:22	General Conditions
0286 Neck Pain I	Basic Advanced Premium	Use for: - Inflammation relief - Pain associated with general restriction and over sensitivity - Joint pain and restriction Length: 16:22	Muscoskeletal
0287 Neck Pain II	Basic Advanced Premium	Use for: - Direct acupuncture meridian support for neck pain - Direct chakra support for neck pain - Colour therapy for neck pain Length: 16:22	Muscoskeletal
0288 Neck Pain III	Basic Advanced Premium	Use for: - Adhesions associated with neck pain - Neck pain affected by muscle cramps and stiffness - Nerve conductivity support for neck pain - Stress tension Length: 16:22	Muscoskeletal

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0289 Neck Pain IV	Basic Advanced Premium	Use for: - Neck structure and functional support - Cellular strengthening and energy - Circulatory support for the neck - Joint structure and functional support - Neck pain associated with muscle weakness Length: 16:22	Muscoskeletal
0290 Neck Pain V	Basic Advanced Premium	Use for: - Ligament and tendon support for neck pain - Neck pain associated with disc weakness and injury - Muscle tension - Nerve pain and restriction Length: 16:22	Muscoskeletal
0291 Inflammation Relief I	Premium	Use for: - General inflammation relief - Nerve inflammation - Inflammation associated with restriction - Inflammation associated with rheumatic conditions Length: 16:22	General Conditions
0292 Inflammation Relief II	Premium	Use for: - Acupuncture meridian support for inflammation - Chakra support for inflammation - Colour therapy support for inflammation Length: 16:22	General Conditions
0293 Inflammation Relief III	Premium	Use for: - Inflammation associated with oversensitivity - Hormone balance and support for inflammation - Inflammation associated with nerve pain and restriction - Stress tension affecting inflammation Length: 16:22	General Conditions
0294 Inflammation Relief IV	Premium	Use for: - Inflammation associated with general toxicity - Inflammation associated with toxic metals - Inflammation caused by parasitic infections - Inflammation associated with poor immunity Length: 16:22	General Conditions

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0295 Nerve Pain I	Premium	Use for: - Nerve pain associated with inflammation - Nerve pain caused by restriction - Acute nerve pain Length: 16:22	Nervous
0296 Nerve Pain II	Premium	Use for: - Direct acupuncture meridian support for nerve pain - Nerve pain associated with energetic stress - Colour therapy for nerve pain Length: 16:22	Nervous
0297 Nerve Pain III	Premium	Use for: - Nerve pain associated with toxicity - Nerve pain associated with oversensitivity - Nerve pain affected by stress tension Length: 16:22	Nervous
0298 Nerve Pain IV	Premium	Use for: - Nerve pain associated with compressions and poor conductivity - Nerve pain associated with cramp - Circulation support for nerve pain - Nerve pain associated with tissue damage - Cellular strengthening and energy to ease nerve pain Length: 16:22	Nervous
0299 Bone Injury I	Advanced Premium	Use for: - General bone injury support and recovery - Inflammation associated with bone injury - Pain relief and restrictions associated with bone injury Length: 16:22	Muscoskeletal
0300 Bone Injury II	Advanced Premium	Use for: - Direct acupuncture meridian support for bone injury - Oversensitivity associated with bone injury - Energetic stimulation for bone injury recovery Length: 16:22	Muscoskeletal

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0301 Bone Injury III	Advanced Premium	Use for: - Tissue damage associated with bone injury - Connective tissue support - Cell strengthening and energy for bone injury recovery Length: 16:22	Muscoskeletal
0302 Bone Injury IV	Advanced Premium	Use for: - General and local circulation for bone injury recovery - Nerve pain associated with bone injury - Immune support for bone injury - Stress tension associated with bone injury - Oxygenation for bone injury recovery Length: 16:22	Muscoskeletal
0303 Sprain I	Premium	Use for: - General sprain recovery support - Acute pain and sensitivity associated with sprain injury - Inflammation associated with sprain injury Length: 16:22	Muscoskeletal
0304 Sprain II	Premium	Use for: - Direct acupuncture support for sprain injury - Colour therapy support for sprain injury - Stress tension associated with sprain injury Length: 16:22	Muscoskeletal
0305 Sprain III	Premium	Use for: - General and local circulation for sprain injury recovery - Swelling relief - Oxygenation for sprain recovery - General injury support Length: 16:22	Muscoskeletal
0306 Sprain IV	Premium	Use for: - Ligament structure and functional support - Tissue damage associated with sprain injury - Connective tissue support - Cellular strengthening and energy to support recovery Length: 16:22	Muscoskeletal

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0307 Tendonitis I	Premium	Use for: - Inflammation relief for tendonitis - Acute pain relief - Nerve pain and sensitivity - Pain associated with restriction Length: 16:22	Muscoskeletal
0308 Tendonitis II	Premium	Use for: - Direct acupuncture support for tendonitis - General and local circulation support for tendonitis - Energetic stimulation for tendonitis recovery Length: 16:22	Muscoskeletal
0309 Tendonitis III	Premium	Use for: - Tendon structure and functional support - Connective tissue support - Oxygenation for tendon recovery - General injury support - Cellular strengthening and energy to support recovery Length: 16:22	Muscoskeletal
0310 Menstrual Pain I	Advanced Premium	Use for: - General menstruation support - Acute pain and cramp relief - Pain associated with oversensitivity - Stress tension - Pain associated with constriction Length: 16:22	General Conditions
0311 Menstrual Pain II	Advanced Premium	Use for: - Direct acupuncture meridian support for menstrual pain relief - Chakra support for menstrual pain relief - General energetic support for menstrual pain relief Length: 16:22	General Conditions
0312 Menstrual Pain III	Advanced Premium	Use for: - Circulation support for menstrual pain - Menstrual pain associated with fibroids - Menstrual pain associated with endometriosis - Muscular relaxation - Menstrual pain affected by hormone imbalance Length: 16:22	General Conditions

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0313 Sore Throat I	Advanced Premium	Use for: - General support for sore throat - Acute pain and irritation - Inflammation relief - Sore throat associated with laryngitis Length: 16:22	General Conditions
0314 Sore Throat II	Advanced Premium	Use for: - Direct acupuncture meridian support for sore throat recovery - Chakra support for sore throat relief - Colour therapy support for sore throat relief Length: 16:22	General Conditions
0315 Sore Throat III	Advanced Premium	Use for: - Immune support - Sore throat associated with catarrh and congestion - General detoxification and toxic metal elimination - Sore throat associated with allergy Length: 16:22	General Conditions
0316 Sore Throat IV	Advanced Premium	Use for: - Blocked and swollen glands associated with sore throat - Cellular strengthening and energy for sore throat relief - Stress tension associated with sore throat - Sore throat sensitivity relief Length: 16:22	General Conditions
0317 Jet Lag Relief I	Premium	Use for: - Insomnia and fatigue associated with jet lag - Hormone balance for jet lag relief - Cellular energy and vitality for jet lag recovery Length: 16:22	General Conditions
0318 Jet Lag Relief II	Premium	Use for: - Direct acupuncture meridian support for jet lag relief - Chakra support for jet lag relief - Colour therapy support for jet lag relief Length: 16:22	General Conditions

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0319 Jet Lag Relief III	Premium	Use for: - Circulation support for jet lag - Support for radiation exposure and general detoxification - Back ache associated with jet lag - Stress and tension associated with jet lag Length: 16:22	General Conditions
1001 Arthritis Relief	Basic Advanced Premium	THIS IS A LOCAL APPLICATION PROGRAM Use for: - Arthritis and similar conditions Apply to affected area Length: 27:00	Muscoskeletal, Local application
1002 Bursitis Relief	Basic Advanced Premium	THIS IS A LOCAL APPLICATION PROGRAM Use for: - Bursitis - Swelling between bones, muscle, tendons and skin Apply to affected area Length: 39:00	Muscoskeletal, Local application
1003 Candida Relief	Basic Advanced Premium	THIS IS A LOCAL APPLICATION PROGRAM Use for: - Candida Apply to lower abdomen Length: 33:00	General Conditions, Local application
1004 Injury Relief	Basic Advanced Premium	THIS IS A LOCAL APPLICATION PROGRAM Use for: - Any kind of injury Apply to affected area Length: 27:00	General Conditions, Local application
1005 Gastritis Relief	Basic Advanced Premium	THIS IS A LOCAL APPLICATION PROGRAM Use for: - Gastritis -Stomach disorders Apply to stomach Length: 18:00	Digestion, Local application
1006 Herpes Relief	Basic Advanced Premium	THIS IS A LOCAL APPLICATION PROGRAM Use for: - Herpes Apply to affected area Length: 30:00	General Conditions, Local application
1007 Intestine disorders Relief	Basic Advanced Premium	THIS IS A LOCAL APPLICATION PROGRAM Use for: - Any intestine disorder Apply to intestine Length: 36:00	Digestion, Local application

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1008 Lumbar Pain Relief	Basic Advanced Premium	THIS IS A LOCAL APPLICATION PROGRAM Use for: - Lumbar disorder Apply to lumbar area Length: 36:00	Muscoskeletal, Local application
1009 Back Pain Relief I	Basic Advanced Premium	THIS IS A LOCAL APPLICATION PROGRAM Use for: - Any back disorder Apply to affected area Length: 36:00	Muscoskeletal, Local application
1010 Back Pain Relief II	Basic Advanced Premium	THIS IS A LOCAL APPLICATION PROGRAM Use for: - Any back disorder Apply to affected area Length: 48:00	Muscoskeletal, Local application
1011 Stomach disorders Relief	Basic Advanced Premium	THIS IS A LOCAL APPLICATION PROGRAM Use for: - Any stomach disorder Apply to stomach Length: 30:00	Digestion, Local application
1012 Cough Relief	Basic Advanced Premium	THIS IS A LOCAL APPLICATION PROGRAM Use for: - Cough Apply to upper chest Length: 21:00	Respiratory, Local application